

MONTGOMERY COUNTY JUVENILE PROBATION DEPARTMENT	POLICY: 2.8.4 _____ DATE: 01/17/2011 PAGE: 1 of 1
SECTION: DETENTION	
CHAPTER: FOOD SERVICE	
SUBJECT: WELLNESS	

I. POLICY

In order to promote the health of its residents and to address the growing problem of obesity, the Montgomery County Juvenile Detention facility shall ensure that all facility residents receive nutrition education, physical education, and participate in activities to promote wellness. This Policy is applicable to all Facility Juvenile Supervision and Probation staff.

II. PROCEDURES

- Residents will receive regular and updated nutrition education by facility medical staff.
- Residents will participate and set goals in regular physical activity through the department’s physical education program.
- The Department will provide meals which adhere to the nutritional guidelines in accordance with the National School Lunch and Breakfast Programs (NSLP.)
- Food and beverages outside those established by the NSLP will only be served during special holiday and department functions as approved by the Deputy Director.
- All facility programs established to promote wellness shall be monitored and updated as needed by the Deputy Director.
- The Deputy Director is the designated person charged with operational responsibility for ensuring the facility wellness policy is adhered to. This shall be done by:
 1. Enforcement and monitoring of the policy.
 2. Encouraging input from representatives from the community regarding updating of the policy.
 3. Measuring the implementation of the policy by ensuring that all facility staff are trained on the policy annually and are knowledgeable of its contents.

Juvenile Board Chair

Date

Director

Date